

Set your personal fundraising goal.

How to raise \$200 in 8 days!

Day 1 – Put in your contribution of \$10

Day 2 – Ask your spouse/partner to contribute \$10

Day 3 – Ask 4 family members to contribute \$10

Day 4 – Ask 4 co-workers to contribute \$10

Day 5 – Ask 2 neighbors to contribute \$10

Day 6 – Ask 4 friends to contribute \$10

Day 7 – Ask 2 people at church to contribute \$10

Day 8 – Ask 2 people you do business with to contribute \$10

Other fundraising tips:

- Ask your employer if they offer matching gifts for charitable contributions.
- If you are walking with a team, challenge each other. Offer prizes and have contests to see who can raise the most.
- Send an email or a letter to your friends and family asking them to contribute to your efforts. Let them know why this is important to you.
- Make donations in honor or in memory of a friend or loved one instead of purchasing gifts.
- Direct friends and family to www.ribbonwalkforcancer.org to make donations online towards your goal.
- Visit Cape Fear Valley Health Foundation's page on Facebook and share the link with your friends.
- Make sure you send a thank you to all of your donors.

Visit www.ribbonwalkforcancer.org to see prizes for the individuals and teams who raise the most money. See the walker donation levels and gifts for each. Walkers must raise a minimum of \$25 to receive the Ribbon Walk shirt. Additional gifts are available for higher levels. Route maps and frequently asked questions area also available.

Please bring your donations to the registration tent on the day of the walk. You may also deliver donations to the Foundation office prior to the walk and pick up your shirt and other prizes.



Saturday, November 14

Festival Park, Fayetteville

Registration 9 a.m.

Walk Begins at 10 a.m.

Friends of the Cancer Center (910) 615-7618

www.ribbonwalkforcancer.org

Cape Fear Valley Health Foundation (910) 615-1285

www.capefearvalley.com/foundation